

DOCTORS NONPROFIT CONSULTING

# EXECUTIVE SUMMARY

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ART & CREATIVITY FOR HEALING, INC.  
OUTCOME DATA FOR  
CENTER FOR AUTISM PROGRAM

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JANUARY 2015 THROUGH DECEMBER 2015

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## **INTRODUCTION**

DoctorS Nonprofit Consulting (DNC) was hired by Art & Creativity for Healing, Inc. (A4H) in May of 2016 to provide an outcome evaluation for the program's 2015 Center for Autism program data for participants in A4H workshops. A4H facilitates these "Art4Healing®" workshop programs at more than 40 hospitals, treatment centers, military bases, and non-profit agencies throughout Southern California. Since 2000, more than 60,000 children and adults have participated in these classes and workshops.

## **METHOD**

For this project, A4H staff entered the data from their surveys into an online computer program. DNC then downloaded data spreadsheets in both excel and SPSS formats. DNC reviewed the data and addressed any data entry concerns with A4H staff. SPSS statistical software was used for the evaluation process which was conducted by consultants in July and August of 2016. For this project, the program's data collection procedures were reviewed. Following this, a series of correlations and one-way analysis of variance (ANOVA) tests were computed on the data. A full statistical report of the test outcomes is included in appendix A. Correlations are useful in determining how closely one variable relates to another variable. ANOVAs are useful for comparing differences between groups.

## **DATA SET**

This data set consists of responses by 140 Center for Autism child participants from parents that completed their report who received A4H services from March 31, 2015 through August 28, 2015. Generally when working with statistical evaluation, we like to see a large sample. Data sets of this size (n=140) are generally regarded to be an accurate indicator of the measured items

## **STATISTICS**

Hispanic/Latino/a Americans made up 46% and Caucasians made up 16% of program participants.

## **KEY FINDINGS**

It is significant to say that all of the parents reported that the workshop was great. In particular, 98 % strongly agreed that the workshop was great.

Ninety six percent strongly agreed that the workshop helped them express their emotions, and 96% strongly agreed that they felt better after the workshop.

When asked if they would more likely to do art at home with their child because of their workshop participation, 97% strongly agreed. Astonishingly, 97% strongly agreed that they would like their child to take another workshop from the program.

Over a third of the participants took the workshop because their child enjoys art (36%). The other top areas included that 1) reducing anxiety and stress for their child (19%) and 2) their child social activities needs (19%).

The participants that indicated that they were Bi-racial or Caucasian, were less likely to be willing to do art at home after this workshop as compared to all other participants.