

DOCTORS NONPROFIT CONSULTING

FINAL OUTCOMES
REPORT FOR ART &
CREATIVITY FOR
HEALING, INC

VINTAGE COLORS

JANUARY 2016 TO JUNE 2016

P. O. BOX 3090
FULLERTON, CA. 92834

DOCTORSCONSULTING.ORG

INTRODUCTION

DoctorS Nonprofit Consulting (DNC) was hired by Art & Creativity for Healing, Inc. (A4H) in May of 2016 to provide an outcome evaluation for the program's 2016 Vintage Colors program data for participants in A4H workshops. A4H facilitates these "Art4Healing®" workshop programs at more than 40 hospitals, treatment centers, military bases, and non-profit agencies throughout Southern California. Since 2000, more than 60,000 children and adults have participated in these classes and workshops.

METHOD

For this project, A4H staff entered the data from their surveys into an online computer program. DNC then downloaded data spreadsheets in both excel and SPSS formats. DNC reviewed the data and addressed any data entry concerns with A4H staff. SPSS statistical software was used for the evaluation process which was conducted by consultants in July 2016. For this project, the program's data collection procedures were reviewed. Following this, a series of correlations and one-way analysis of variance (ANOVA) tests were computed on the data. A full statistical report of the test outcomes is included in appendix A. Correlations are useful in determining how closely one variable relates to another variable. ANOVAs are useful for comparing differences between groups.

KEY FINDINGS

Eighty seven percent strongly agreed that the workshop was great, 81.9% strongly agreed that the workshop helped them express their emotions, and 74.3% strongly agreed that they felt better after the workshop. Ninety three percent of workshop participants also strongly agreed that the instructor was approachable and seemed to care about them. Eighty-eight percent of participants strongly agreed that the instructor was on time.

Data indicated that 81.9% of the participants strongly agreed that they would refer a friend or family member to this workshop. Furthermore, 81.9% strongly agreed that they themselves would take another workshop from the program.

It is significant to say that 98.6% of the Vintage Colors participants that completed the survey were satisfied with their workshop. In particular, 87.5% strongly agreed that they were satisfied overall.

The top reason that participants took workshops was of own interest (68.2) followed by Bereavement-loss of loved one (7.6%) and own medical illness (7.6%).

The location of the program influenced the likelihood of if they would take another workshop in the future.

The evaluations indicated an overall agreement that the Art & Creativity for Healing instructors are caring and that participants are overall satisfied with the workshops.

RESULTS

Overall Data Statistics

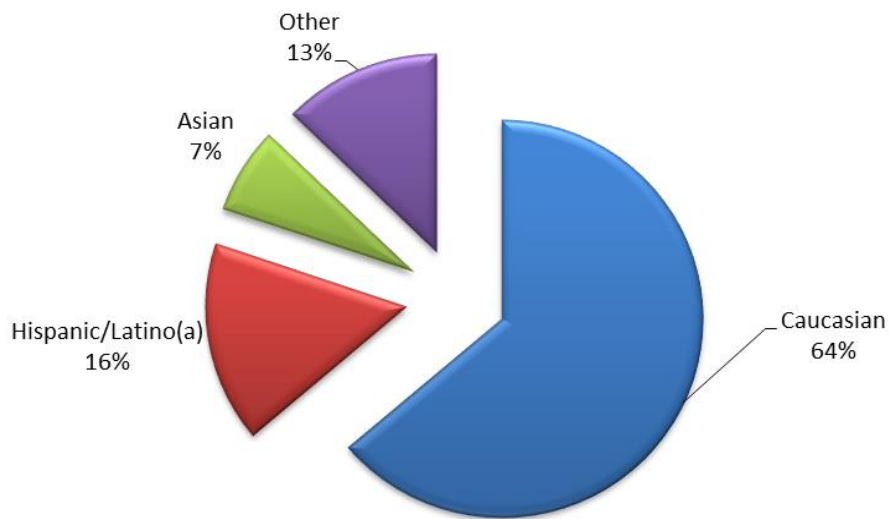
This data set consists of responses by 144 Vintage Colors referred individuals who received A4H services through June 2016. Generally when working with statistical evaluation, we like to see a large sample. Data sets of this size (n=144) are generally regarded to be an accurate indicator of the measured items.

Frequency Tables

The Vintage Colors program was completed on adult participants only. Of the individuals that completed that completed the Vintage Colors questionnaire, the ages ranged from 60 to 91, with the average age of participants being close to 75 years of age (74.76). Only 28.4% of participants included their age, so caution is necessary. All the participants completed the workshop in the year beginning January 2016 through June 2016.

Ninety eight percent of those completing the survey indicated their ethnic background. Of those that indicated their ethnicity, Caucasians make up 64% of program participants and Hispanic/Latino/a American make up another 16% (see fig. 1). Please note, the actual ethnicity is included in the figure below that included their ethnicity.

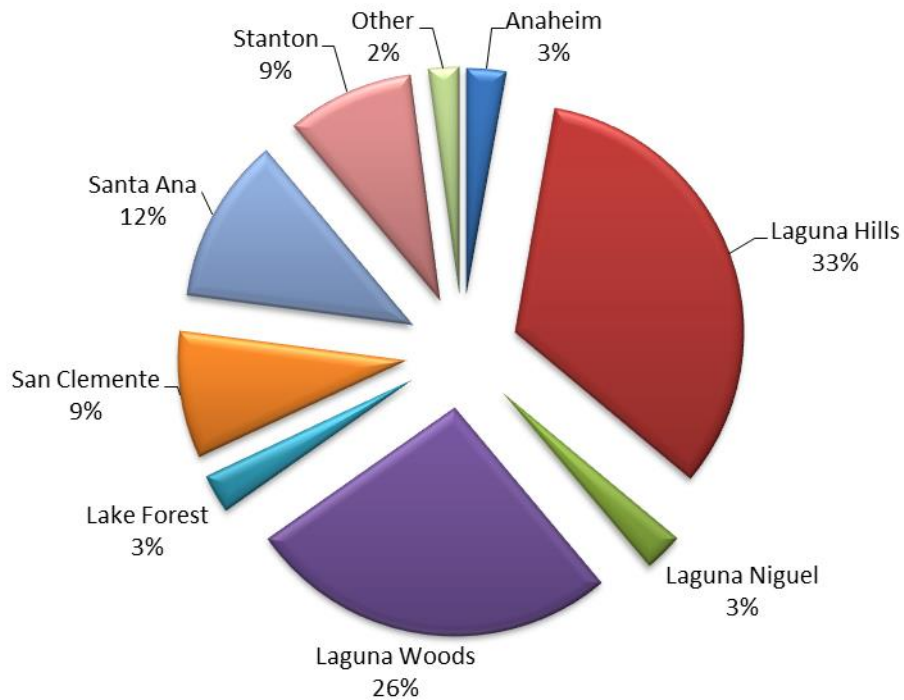
Figure 1: 2016 Participant Ethnicity
N=141



Laguna Hills was the city of residence for most (33.3%) of the workshop participants. The other top cities included Laguna Woods (26.4%) and Santa Ana (11.8%). Other cities included Anaheim, Dana Point, Laguna Niguel, Lake Forest, Mission Viejo, San Clemente, Stanton, and Trabuco

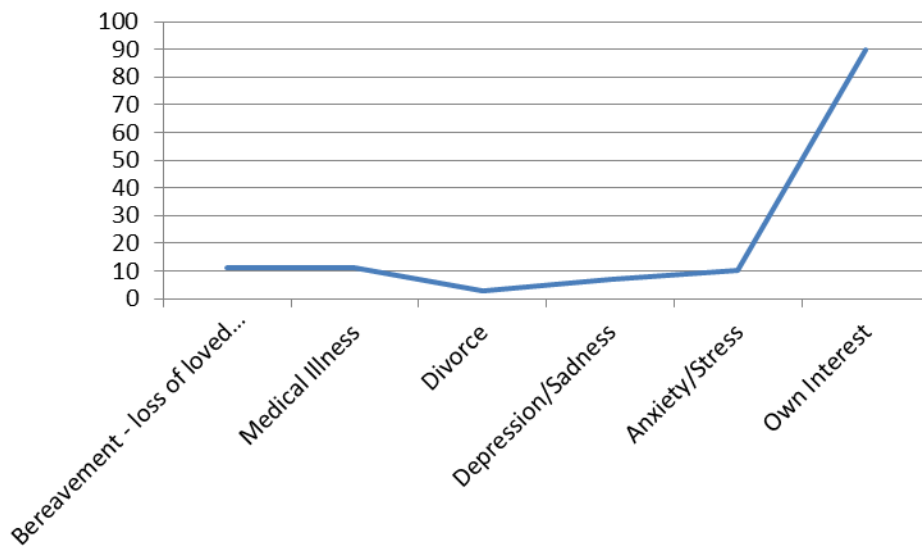
Canyon (see fig. 2). “Expressing Feelings with Color” was the title of all the Vintage Colors workshops. The locations of the workshops were at Florence Sylvester Senior Center (67.4), San Clemente Senior Center (9%), Santa Ana Adult Day Healthcare (11.8%), and Stanton Seniors (11.8%).

Figure 2: 2016 Cities of Participants
N=144



The participants generally have multiple reasons for attending the workshops. Each participant was asked to all the reasons and then included their top reason. The top reason that participants took workshops was of own interest (68.2) followed by Bereavement-loss of loved one (7.6%) and own medical illness (7.6%). See figure 3

Figure 3: Reasons for Attending in January – June 2016
N=132

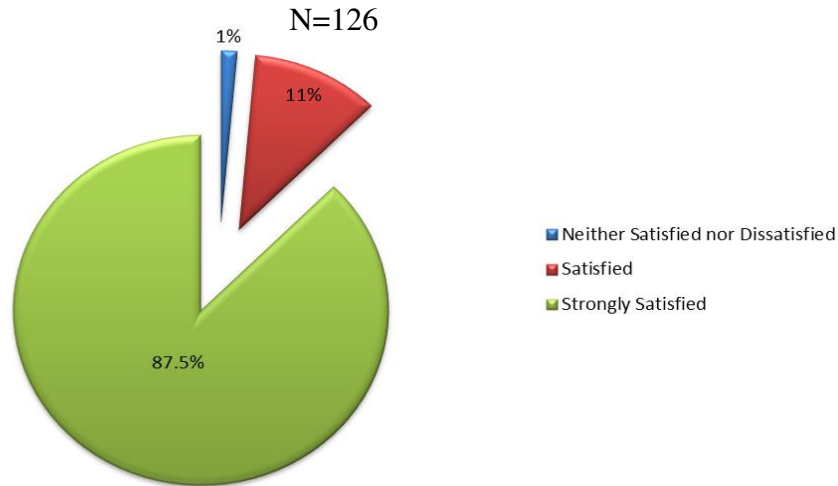


In regards to the outcomes of the workshops, 81.9% strongly agreed that the workshop was great, 81.9% strongly agreed that the workshop helped them express their emotions, and 74.3% strongly agreed that they felt better after the workshop. Ninety three percent of workshop participants also strongly agreed that the instructor was approachable and seemed to care about them. Eighty-eight percent of participants strongly agreed that the instructor was on time and valued their time.

For future workshops, 81.9% of the participants strongly agreed that they would refer a friend or family member to this workshop. Furthermore, 81.9% strongly agreed that they themselves would take another workshop from the program.

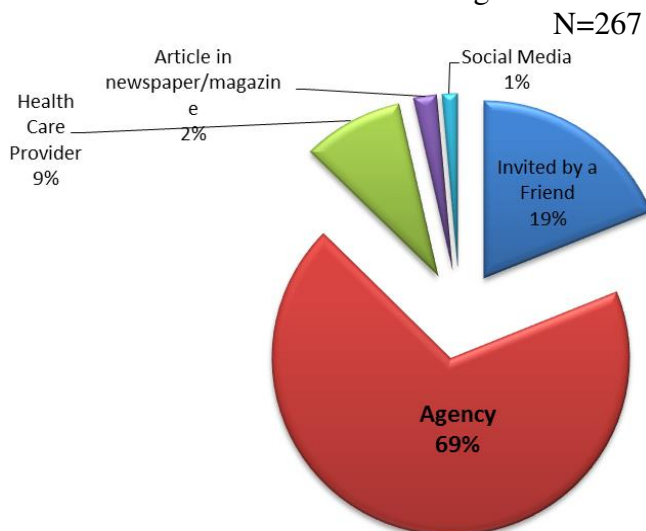
It is significant to say that 98.6% of the Vintage Colors participants that completed the survey were satisfied with their workshop. Specifically, 87.5% strongly agreed that they were satisfied overall (see figure 4).

Figure 4: 2016 Overall Satisfaction



Vintage Color participants are primarily referred by the agency (68.1%) followed by being invited by a friend (18.8%) (see fig. 5).

Figure 5: 2016 Referral

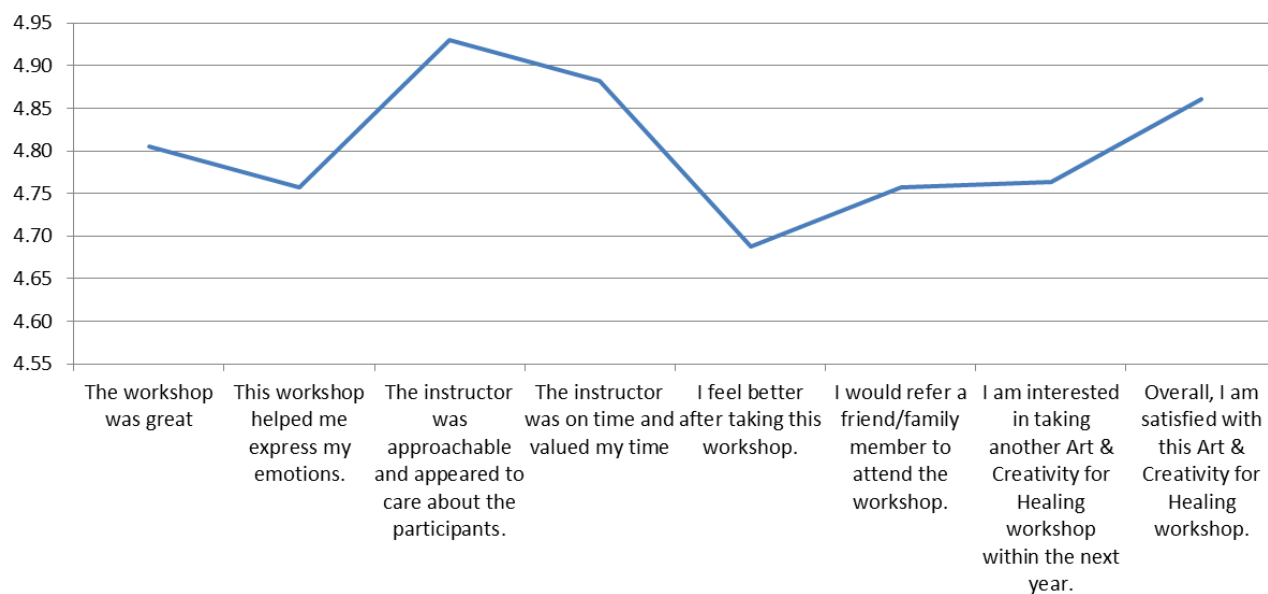


Correlations

Correlation (Pearson *r*) tests were run for data from the eight questions answered on the participant survey with a rating. Correlations are useful in determining how closely one variable relates to another variable. Tests were run comparing: 1) How Great the Workshop, 2) Emotional Expression, 3) Instructor Characteristics, 4) Instructor Efficiency, 5) Effect of Workshop, 6) Willingness to refer a friend, 7) Interest in additional workshops, and 8) Overall Satisfaction.

In all of the eight rating variables listed above, there was a significant correlation. This indicates that there is a strong correlation between each question and a reliable questionnaire measuring workshop outcomes.

Figure 6: 2016 Outcome Questionnaire Response Trend
N=144



ANOVA's

Twenty four one-way analysis of variance (ANOVA) tests were computed on three categorical variables and eight numerical values for the 2016 data participants. ANOVAs use statistics to compare categorical variables and numerical variables. The three categorical variables were: 1) Ethnicity, 2) Reason for Participation, and 3) Location. The eight numerical values were rates of: 1) How Great the Workshop, 2) Emotional Expression, 3) Caring Instructor, 4) Instructor Time Management/Comfortable Sharing, 5) Effect of Workshop, 6) Willingness to refer a friend, 7) Interest in additional workshops, and 8) Overall Satisfaction.

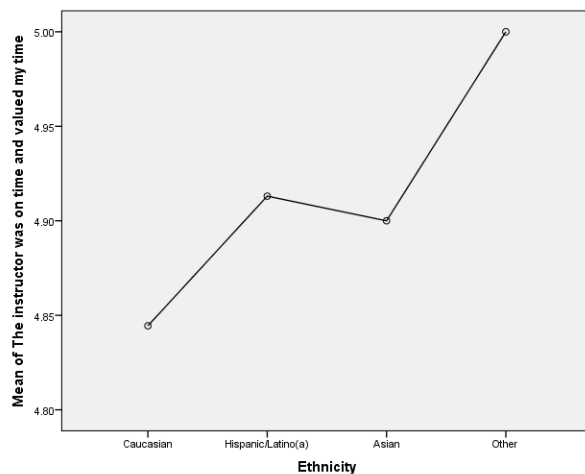
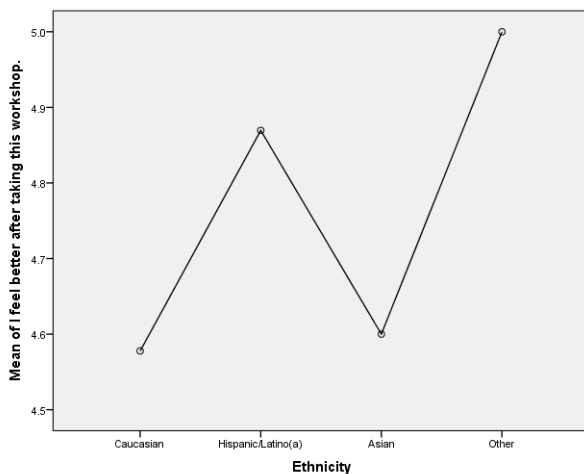
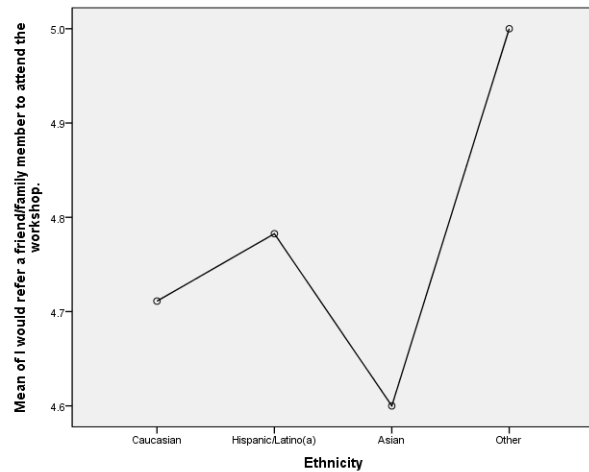
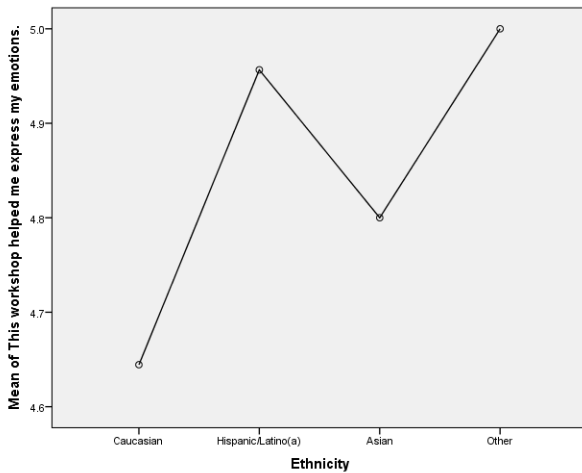
When looking at the significance of ANOVA results, anything less than .05 is generally acceptable in research. A score at less than .05 indicates that the differences in the mean values between these groups, given the sample size, is so large that similarly strong findings would be unlikely to recur by chance, even if we were replicated this study a thousand times.

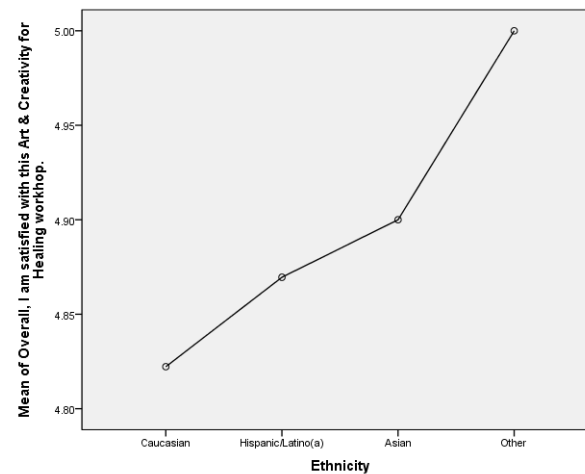
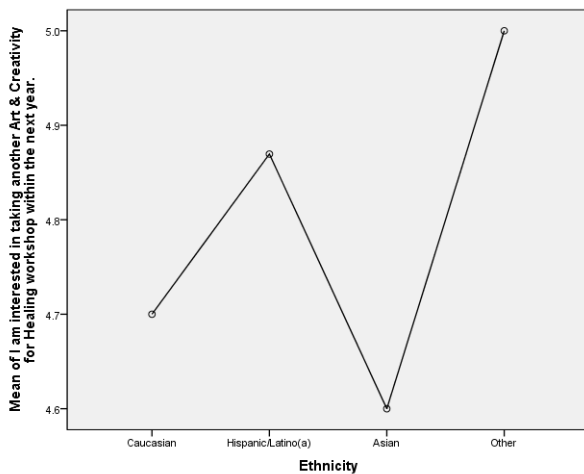
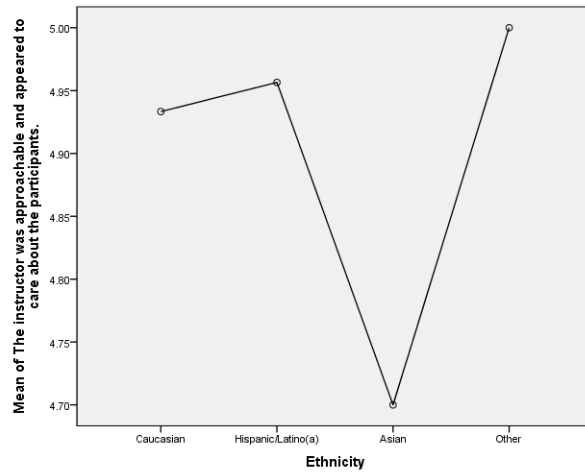
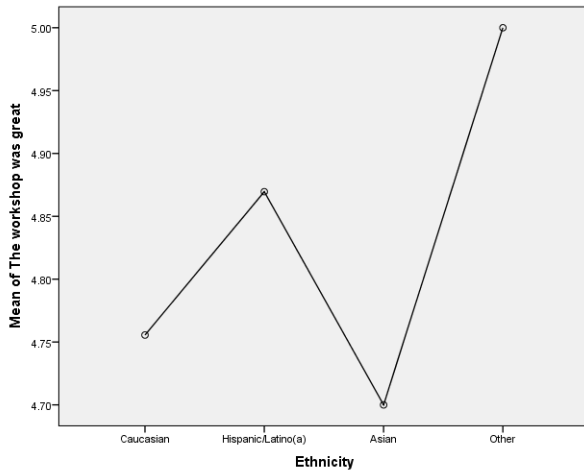
Categorical Variable: Client Ethnicity

There was a one-way analysis of variance (ANOVA) tests computed for the categorical variable client ethnicity for the 2016 data. The five types of client ethnicities were 1) Caucasian, 2) African American, 3) Hispanic/Latino/a American, 4) Asian American/Vietnamese, and 5) Other (bi-racial included). The client indicated their ethnicity on their client survey. There were significant differences in the eight categories among the five ethnic groups for adults. The ANOVA plot charts are included for your review.

There were significant differences found in four of the questions among the client ethnicity. First, the “other” ethnicity rated that the instructor was the most approachable and appeared to care about the participants ($M=5.0$, $n=18$) and the Asian-American ethnicity rated this category the least ($M=4.70$, $n=10$) compared to the overall average ($M=4.93$, $N=141$). The overall average of the entire sample ($N=141$) was 4.93 on a scale from 1 (strongly disagree) to 5 (strongly agree). Second, the “other” ethnicity rated that the workshop helped them express their emotions higher ($M=5.0$, $n=18$) and felt better after taking the workshop ($M=5.0$, $n=18$) than the average. Additionally, the other ethnicity would more likely refer a friend/family member to attend the workshop in the future ($M=5.0$, $n=18$).

In all 8 workshop outcome questions, individuals that indicated an “other” ethnicity consistently rated the workshops higher than the average. In fact, “other” ethnicity continually endorsed the strongly agree in all eight categories ($M=5.0$, $n=18$). See the graphs on the next page for on all 8 questions:





Categorical Variable: Primary Reason for Taking the Class

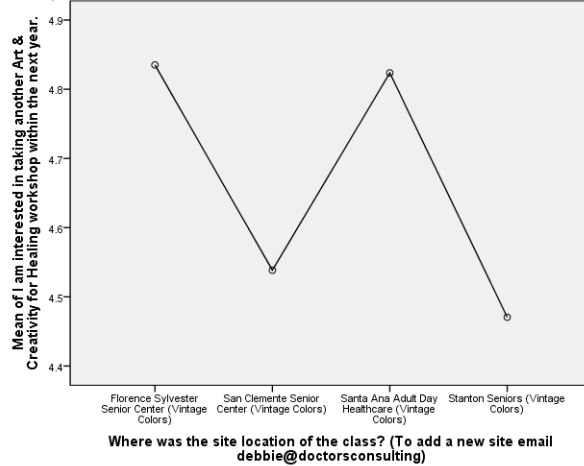
There was a one-way analysis of variance (ANOVA) tests computed for the categorical variable of Type of Workshop for the 2016 data. There were no significant differences in the primary reason for taking the class.

Categorical Variable: Location of Class

There was a one-way analysis of variance (ANOVA) tests computed for the categorical variable workshop location for the 2016 data. The four locations were 1) Florence Sylvester Senior Center, 2) San Clemente Senior Center, 3) Santa Ana Adult Day Healthcare, and 4) Stanton Seniors. There were significant differences in one category among the four locations. The ANOVA plot charts are included for your review.

The Stanton Seniors ($M=4.47$, $n=17$) and San Clemente Senior Center ($M=4.54$, $n=13$) participants were least likely to be interested in taking another Art & Creativity for Healing workshop within the next year compared to the Florence Sylvester Senior Center ($M=4.84$, $n=97$) and Santa Ana Adult Day Healthcare ($M=4.82$, $n=17$) participants. The overall average of

Vintage Color participants interested in taking another Art & Creativity for Healing was rated very high (4.76, N=144).



LIMITATIONS

While the data was evaluated by consultants independently from program management and staff, the program staff did collect all responses and enter the data into SurveyMonkey. Overall, this data evaluation has a respectable sample size and can generally be regarded to be an accurate indicator of the measured items.

It is important to emphasize that while correlations show the degree to which two numerical variables co-relate, they cannot measure other types of relationships. Because two variables are correlated does not necessarily mean that one variable causes the other to occur. The one significant correlation we did find was for the eight rating variables on the participant questionnaire which are all highly face valid.

ANOVAs can only be used when the groups are independent from each other. When completing a one-way ANOVA we are not able to see the possible interactions between the multiple numerical variable. Finally we are not able to find the actual cause of the difference in means, only that there is a difference.

SUMMARY

DoctorS Nonprofit Consulting (DNC) was hired by Art & Creativity for Healing, Inc. (A4H) in July 2016 to provide an outcome evaluation for the program’s 2016 Vintage Colors program data for participants in A4H workshops. A4H facilitates these “Art4Healing®” workshop programs at more than 40 hospitals, treatment centers, military bases, and non-profit agencies throughout Southern California. Since 2000, more than 60,000 children and adults have participated in these classes and workshops.

This data set consists of responses by 144 Vintage Colors participants referred individuals who received A4H services through June 2016. Generally when working with statistical evaluation, we like to see a large sample. Data sets of this size (n=144) are generally regarded to be an accurate indicator of the measured items.

Caucasians made up 64% and Hispanic/Latino/a Americans made up 16% of program participants. Laguna Hills was the city of residence for most (33.3%) of the workshop participants.

“Expressing Feelings with Color” was the title of all of Vintage Colors workshops. The top reason that participants took workshops was of own interest (68.2) followed by Bereavement-loss of loved one (7.6%) and own medical illness (7.6%).

In regards to the outcomes of the workshops, 81.9% strongly agreed that the workshop was great, 81.9% strongly agreed that the workshop helped them express their emotions, and 74.3% strongly agreed that they felt better after the workshop. Ninety three percent of workshop participants also strongly agreed that the instructor was approachable and seemed to care about them. Eighty-eight percent of participants strongly agreed that the instructor was on time and valued their time

For future workshops, 81.9% of the participants strongly agreed that they would refer a friend or family member to this workshop. Furthermore, 81.9% strongly agreed that they themselves would take another workshop from the program.

It is significant to say that 98.6% of the Vintage Colors participants that completed the survey were satisfied with their workshop. Specifically, 87.5% strongly agreed that they were satisfied overall.

Correlation (Pearson r) tests were run for data from the eight questions answered on the participant survey with a rating. Correlations are useful in determining how closely one variable relates to another variable. In all of the eight rating variables listed above, there was a significant correlation. What this means is that the workshops are effective indicators for program participants.

Twenty four one-way analysis of variance (ANOVA) tests were computed on three categorical variables and eight numerical values for the data. ANOVAs use statistics to compare categorical variables and numerical variables. There were four significant findings in these results. The “other” ethnicity tended to rate the workshops higher in all 8 areas on the questionnaire. Also, the location influenced whether the participant would likely be interested in taking another Art & Creativity for Healing workshop.

Appendix A

Full Data Report 2016

Correlation Pearson *r*

		The workshop was great	This workshop helped me express my emotions.	Instructor was approachable and appeared to care about participants.	The instructor was on time and valued my time	I feel better after taking this workshop.	I would refer a friend/family member to attend the workshop.	I am interested in taking another AC4H workshop within the next year.	Overall, I am satisfied with this Art & Creativity for Healing workshop.
The workshop was great	Pearson Correlation	1	.617**	.576**	.536**	.715**	.688**	.551**	.763**
	Sig. (2-tailed)		.000	.000	.000	.000	.000	.000	.000
	N	144	144	144	144	144	144	144	144
This workshop helped me express my emotions.	Pearson Correlation	.617**	1	.372**	.343**	.658**	.411**	.272**	.460**
	Sig. (2-tailed)	.000		.000	.000	.000	.000	.001	.000
	N	144	144	144	144	144	144	144	144
The instructor was approachable and appeared to care about the participants.	Pearson Correlation	.576**	.372**	1	.577**	.425**	.441**	.488**	.470**
	Sig. (2-tailed)	.000	.000		.000	.000	.000	.000	.000
	N	144	144	144	144	144	144	144	144
The instructor was on time and valued my time	Pearson Correlation	.536**	.343**	.577**	1	.554**	.395**	.438**	.484**
	Sig. (2-tailed)	.000	.000	.000		.000	.000	.000	.000
	N	144	144	144	144	144	144	144	144
I feel better after taking this workshop.	Pearson Correlation	.715**	.658**	.425**	.554**	1	.700**	.639**	.657**
	Sig. (2-tailed)	.000	.000	.000	.000		.000	.000	.000
	N	144	144	144	144	144	144	144	144
I would refer a friend/family member to attend the workshop.	Pearson Correlation	.688**	.411**	.441**	.395**	.700**	1	.711**	.737**
	Sig. (2-tailed)	.000	.000	.000	.000	.000		.000	.000
	N	144	144	144	144	144	144	144	144
I am interested in taking another Art & Creativity for Healing workshop within the next year.	Pearson Correlation	.551**	.272**	.488**	.438**	.639**	.711**	1	.646**
	Sig. (2-tailed)	.000	.001	.000	.000	.000	.000		.000
	N	144	144	144	144	144	144	144	144
Overall, I am satisfied with this Art & Creativity for Healing workshop.	Pearson Correlation	.763**	.460**	.470**	.484**	.657**	.737**	.646**	1
	Sig. (2-tailed)	.000	.000	.000	.000	.000	.000	.000	
	N	144	144	144	144	144	144	144	144

** Correlation is significant at the 0.01 level (2-tailed).

Category: Ethnicity

		Descriptives								
		N	Mean	Std. Deviation	Std. Error	95% Confidence Lower Bound	Interval for Mean Upper Bound	Minimum	Maximum	
The workshop was great	Caucasian	90	4.76	.457	.048	4.66	4.85	3	5	
	Hispanic/Latino(a)	23	4.87	.458	.095	4.67	5.07	3	5	
	Asian	10	4.70	.483	.153	4.35	5.05	4	5	
	Other	18	5.00	.000	.000	5.00	5.00	5	5	
	Total	141	4.80	.435	.037	4.73	4.87	3	5	
This workshop helped me express my emotions.	Caucasian	90	4.64	.659	.069	4.51	4.78	3	5	
	Hispanic/Latino(a)	23	4.96	.209	.043	4.87	5.05	4	5	
	Asian	10	4.80	.422	.133	4.50	5.10	4	5	
	Other	18	5.00	.000	.000	5.00	5.00	5	5	
	Total	141	4.75	.563	.047	4.66	4.85	3	5	
The instructor was approachable and appeared to care about the participants.	Caucasian	90	4.93	.251	.026	4.88	4.99	4	5	
	Hispanic/Latino(a)	23	4.96	.209	.043	4.87	5.05	4	5	
	Asian	10	4.70	.483	.153	4.35	5.05	4	5	
	Other	18	5.00	.000	.000	5.00	5.00	5	5	
	Total	141	4.93	.258	.022	4.89	4.97	4	5	
The instructor was on time and valued my time	Caucasian	90	4.84	.364	.038	4.77	4.92	4	5	
	Hispanic/Latino(a)	23	4.91	.288	.060	4.79	5.04	4	5	
	Asian	10	4.90	.316	.100	4.67	5.13	4	5	
	Other	18	5.00	.000	.000	5.00	5.00	5	5	
	Total	141	4.88	.327	.028	4.83	4.93	4	5	
I feel better after taking this workshop.	Caucasian	90	4.58	.618	.065	4.45	4.71	3	5	
	Hispanic/Latino(a)	23	4.87	.458	.095	4.67	5.07	3	5	
	Asian	10	4.60	.699	.221	4.10	5.10	3	5	
	Other	18	5.00	.000	.000	5.00	5.00	5	5	
	Total	141	4.68	.577	.049	4.58	4.78	3	5	
I would refer a friend/family member to attend the workshop.	Caucasian	90	4.71	.566	.060	4.59	4.83	3	5	
	Hispanic/Latino(a)	23	4.78	.850	.177	4.41	5.15	1	5	
	Asian	10	4.60	.699	.221	4.10	5.10	3	5	
	Other	18	5.00	.000	.000	5.00	5.00	5	5	
	Total	141	4.75	.599	.050	4.65	4.85	1	5	
I am interested in taking another AC4H workshop within the next year.	Caucasian	90	4.70	.589	.062	4.58	4.82	3	5	
	Hispanic/Latino(a)	23	4.87	.458	.095	4.67	5.07	3	5	
	Asian	10	4.60	.699	.221	4.10	5.10	3	5	
	Other	18	5.00	.000	.000	5.00	5.00	5	5	
	Total	141	4.76	.546	.046	4.67	4.85	3	5	
Overall, I am satisfied with this Art & Creativity for	Caucasian	90	4.82	.413	.043	4.74	4.91	3	5	
	Hispanic/Latino(a)	23	4.87	.458	.095	4.67	5.07	3	5	

Descriptives

		N	Mean	Std. Deviation	Std. Error	95% Confidence Interval for Mean Lower Bound	Upper Bound	Minimum	Maximum
Healing workshop.	Asian	10	4.90	.316	.100	4.67	5.13	4	5
	Other	18	5.00	.000	.000	5.00	5.00	5	5
	Total	141	4.86	.389	.033	4.79	4.92	3	5

ANOVA

		Sum of Squares	df	Mean Square	F	Sig.
The workshop was great	Between Groups	1.109	3	.370	1.999	.117
	Within Groups	25.331	137	.185		
	Total	26.440	140			
This workshop helped me express my emotions.	Between Groups	3.133	3	1.044	3.475	.018
	Within Groups	41.179	137	.301		
	Total	44.312	140			
The instructor was approachable and appeared to care about the participants.	Between Groups	.634	3	.211	3.346	.021
	Within Groups	8.657	137	.063		
	Total	9.291	140			
The instructor was on time and valued my time	Between Groups	.402	3	.134	1.262	.290
	Within Groups	14.548	137	.106		
	Total	14.950	140			
I feel better after taking this workshop.	Between Groups	3.674	3	1.225	3.905	.010
	Within Groups	42.964	137	.314		
	Total	46.638	140			
I would refer a friend/family member to attend the workshop.	Between Groups	1.510	3	.503	1.413	.242
	Within Groups	48.802	137	.356		
	Total	50.312	140			
I am interested in taking another Art & Creativity for Healing workshop within the next year.	Between Groups	1.893	3	.631	2.166	.095
	Within Groups	39.909	137	.291		
	Total	41.801	140			
Overall, I am satisfied with this Art & Creativity for Healing workshop.	Between Groups	.499	3	.166	1.102	.350
	Within Groups	20.664	137	.151		
	Total	21.163	140			

Category: Location

		Descriptives							
		N	Mean	Std. Deviation	Std. Error	95% Confidence Interval for Mean		Minimum	Maximum
						Lower Bound	Upper Bound		
The workshop was great	Florence Sylvester Senior Center (Vintage Colors)	97	4.78	.438	.045	4.70	4.87	3	5
	San Clemente Senior Center (Vintage Colors)	13	4.85	.376	.104	4.62	5.07	4	5
	Santa Ana Adult Day Healthcare (Vintage Colors)	17	4.82	.529	.128	4.55	5.10	3	5
	Stanton Seniors (Vintage Colors)	17	4.88	.332	.081	4.71	5.05	4	5
	Total	144	4.81	.431	.036	4.73	4.88	3	5
This workshop helped me express my emotions.	Florence Sylvester Senior Center (Vintage Colors)	97	4.69	.635	.064	4.56	4.82	3	5
	San Clemente Senior Center (Vintage Colors)	13	4.85	.376	.104	4.62	5.07	4	5
	Santa Ana Adult Day Healthcare (Vintage Colors)	17	4.94	.243	.059	4.82	5.07	4	5
	Stanton Seniors (Vintage Colors)	17	4.88	.332	.081	4.71	5.05	4	5
	Total	144	4.76	.558	.046	4.67	4.85	3	5
The instructor was approachable and appeared to	Florence Sylvester Senior Center (Vintage Colors)	97	4.94	.242	.025	4.89	4.99	4	5
	San Clemente Senior Center (Vintage Colors)	13	4.92	.277	.077	4.76	5.09	4	5

Descriptives

		N	Mean	Std. Deviation	Std. Error	95% Confidence Interval for Mean		Minimum	Maximum
						Lower Bound	Upper Bound		
care about the participants.	Santa Ana Adult Day Healthcare (Vintage Colors)	17	4.94	.243	.059	4.82	5.07	4	5
	Stanton Seniors (Vintage Colors)	17	4.88	.332	.081	4.71	5.05	4	5
	Total	144	4.93	.255	.021	4.89	4.97	4	5
The instructor was on time and valued my time	Florence Sylvester Senior Center (Vintage Colors)	97	4.89	.319	.032	4.82	4.95	4	5
	San Clemente Senior Center (Vintage Colors)	13	4.85	.376	.104	4.62	5.07	4	5
	Santa Ana Adult Day Healthcare (Vintage Colors)	17	4.94	.243	.059	4.82	5.07	4	5
	Stanton Seniors (Vintage Colors)	17	4.82	.393	.095	4.62	5.03	4	5
	Total	144	4.88	.324	.027	4.83	4.94	4	5
I feel better after taking this workshop.	Florence Sylvester Senior Center (Vintage Colors)	97	4.67	.590	.060	4.55	4.79	3	5
	San Clemente Senior Center (Vintage Colors)	13	4.85	.376	.104	4.62	5.07	4	5
	Santa Ana Adult Day Healthcare (Vintage Colors)	17	4.82	.529	.128	4.55	5.10	3	5
	Stanton Seniors (Vintage Colors)	17	4.53	.624	.151	4.21	4.85	3	5
	Total	144	4.69	.573	.048	4.59	4.78	3	5
I would refer a friend/family member to attend the workshop.	Florence Sylvester Senior Center (Vintage Colors)	97	4.77	.490	.050	4.67	4.87	3	5
	San Clemente Senior Center (Vintage Colors)	13	4.85	.555	.154	4.51	5.18	3	5
	Santa Ana Adult Day Healthcare (Vintage Colors)	17	4.71	.985	.239	4.20	5.21	1	5

Descriptives

		N	Mean	Std. Deviation	Std. Error	95% Confidence Interval for Mean		Minimum	Maximum
						Lower Bound	Upper Bound		
	Stanton Seniors (Vintage Colors)	17	4.65	.702	.170	4.29	5.01	3	5
	Total	144	4.76	.594	.050	4.66	4.85	1	5
I am interested in taking another Art & Creativity for Healing workshop within the next year.	Florence Sylvester Senior Center (Vintage Colors)	97	4.84	.425	.043	4.75	4.92	3	5
	San Clemente Senior Center (Vintage Colors)	13	4.54	.776	.215	4.07	5.01	3	5
	Santa Ana Adult Day Healthcare (Vintage Colors)	17	4.82	.529	.128	4.55	5.10	3	5
	Stanton Seniors (Vintage Colors)	17	4.47	.800	.194	4.06	4.88	3	5
	Total	144	4.76	.542	.045	4.67	4.85	3	5
	Overall, I am satisfied with this Art & Creativity for Healing workshop.	Florence Sylvester Senior Center (Vintage Colors)	97	4.86	.382	.039	4.78	4.93	3
Overall, I am satisfied with this Art & Creativity for Healing workshop.	San Clemente Senior Center (Vintage Colors)	13	4.92	.277	.077	4.76	5.09	4	5
	Santa Ana Adult Day Healthcare (Vintage Colors)	17	4.82	.529	.128	4.55	5.10	3	5
	Stanton Seniors (Vintage Colors)	17	4.88	.332	.081	4.71	5.05	4	5
	Total	144	4.86	.385	.032	4.80	4.92	3	5

		ANOVA				
		Sum of Squares	df	Mean Square	F	Sig.
The workshop was great	Between Groups	.174	3	.058	.308	.819
	Within Groups	26.381	140	.188		
	Total	26.556	143			
This workshop helped me express my emotions.	Between Groups	1.373	3	.458	1.486	.221
	Within Groups	43.120	140	.308		
	Total	44.493	143			
The instructor was approachable and appeared to care about the participants.	Between Groups	.048	3	.016	.241	.868
	Within Groups	9.258	140	.066		
	Total	9.306	143			
The instructor was on time and valued my time	Between Groups	.136	3	.045	.428	.733
	Within Groups	14.857	140	.106		
	Total	14.993	143			
I feel better after taking this workshop.	Between Groups	1.096	3	.365	1.116	.345
	Within Groups	45.841	140	.327		
	Total	46.938	143			
I would refer a friend/family member to attend the workshop.	Between Groups	.379	3	.126	.353	.787
	Within Groups	50.114	140	.358		
	Total	50.493	143			
I am interested in taking another Art & Creativity for Healing workshop within the next year.	Between Groups	2.675	3	.892	3.176	.026
	Within Groups	39.297	140	.281		
	Total	41.972	143			
Overall, I am satisfied with this Art & Creativity for Healing workshop.	Between Groups	.084	3	.028	.186	.905
	Within Groups	21.138	140	.151		
	Total	21.222	143			

Category: Primary Reason

		Descriptives							
		N	Mean	Std. Deviation	Std. Error	95% Confidence Interval for Mean		Minimum	Maximum
						Lower Bound	Upper Bound		
The workshop was great	Bereavement - loss of loved one	11	5.00	.000	.000	5.00	5.00	5	5
	Medical Illness	11	4.91	.302	.091	4.71	5.11	4	5
	Divorce	3	4.33	1.155	.667	1.46	7.20	3	5
	Depression/Sadness	7	4.86	.378	.143	4.51	5.21	4	5
	Anxiety/Stress	10	4.70	.483	.153	4.35	5.05	4	5
	Own Interest	90	4.81	.421	.044	4.72	4.90	3	5
	Total	132	4.82	.425	.037	4.75	4.89	3	5
This workshop helped me express my emotions.	Bereavement - loss of loved one	11	5.00	.000	.000	5.00	5.00	5	5
	Medical Illness	11	4.73	.647	.195	4.29	5.16	3	5
	Divorce	3	5.00	.000	.000	5.00	5.00	5	5
	Depression/Sadness	7	4.71	.756	.286	4.02	5.41	3	5
	Anxiety/Stress	10	4.60	.516	.163	4.23	4.97	4	5
	Own Interest	90	4.74	.591	.062	4.62	4.87	3	5
	Total	132	4.76	.568	.049	4.66	4.86	3	5
The instructor was approachable and appeared to care about the participants.	Bereavement - loss of loved one	11	5.00	.000	.000	5.00	5.00	5	5
	Medical Illness	11	4.91	.302	.091	4.71	5.11	4	5
	Divorce	3	5.00	.000	.000	5.00	5.00	5	5
	Depression/Sadness	7	5.00	.000	.000	5.00	5.00	5	5
	Anxiety/Stress	10	4.90	.316	.100	4.67	5.13	4	5
	Own Interest	90	4.92	.269	.028	4.87	4.98	4	5
	Total	132	4.93	.253	.022	4.89	4.98	4	5
The instructor was on time and valued my time	Bereavement - loss of loved one	11	5.00	.000	.000	5.00	5.00	5	5
	Medical Illness	11	4.91	.302	.091	4.71	5.11	4	5
	Divorce	3	5.00	.000	.000	5.00	5.00	5	5
	Depression/Sadness	7	5.00	.000	.000	5.00	5.00	5	5
	Anxiety/Stress	10	4.80	.422	.133	4.50	5.10	4	5
	Own Interest	90	4.86	.354	.037	4.78	4.93	4	5
	Total	132	4.88	.328	.029	4.82	4.94	4	5
I feel better after taking this workshop.	Bereavement - loss of loved one	11	5.00	.000	.000	5.00	5.00	5	5
	Medical Illness	11	4.73	.467	.141	4.41	5.04	4	5

Descriptives

	N	Mean	Std. Deviation	Std. Error	95% Confidence Interval for Mean		Minimum	Maximum	
					Lower Bound	Upper Bound			
	Divorce	3	4.33	1.155	.667	1.46	7.20	3	5
	Depression/Sadness	7	4.86	.378	.143	4.51	5.21	4	5
	Anxiety/Stress	10	4.40	.516	.163	4.03	4.77	4	5
	Own Interest	90	4.67	.618	.065	4.54	4.80	3	5
	Total	132	4.68	.584	.051	4.58	4.78	3	5
I would refer a friend/family member to attend the workshop.	Bereavement - loss of loved one	11	5.00	.000	.000	5.00	5.00	5	5
	Medical Illness	11	4.82	.603	.182	4.41	5.22	3	5
	Divorce	3	3.67	2.309	1.333	-2.07	9.40	1	5
	Depression/Sadness	7	4.71	.756	.286	4.02	5.41	3	5
	Anxiety/Stress	10	4.50	.527	.167	4.12	4.88	4	5
	Own Interest	90	4.79	.508	.054	4.68	4.90	3	5
	Total	132	4.76	.607	.053	4.65	4.86	1	5
I am interested in taking another Art & Creativity for Healing workshop within the next year.	Bereavement - loss of loved one	11	4.73	.647	.195	4.29	5.16	3	5
	Medical Illness	11	4.82	.603	.182	4.41	5.22	3	5
	Divorce	3	4.33	1.155	.667	1.46	7.20	3	5
	Depression/Sadness	7	5.00	.000	.000	5.00	5.00	5	5
	Anxiety/Stress	10	4.80	.422	.133	4.50	5.10	4	5
	Own Interest	90	4.76	.547	.058	4.64	4.87	3	5
	Total	132	4.77	.551	.048	4.67	4.86	3	5
Overall, I am satisfied with this Art & Creativity for Healing workshop.	Bereavement - loss of loved one	11	5.00	.000	.000	5.00	5.00	5	5
	Medical Illness	11	4.91	.302	.091	4.71	5.11	4	5
	Divorce	3	4.33	1.155	.667	1.46	7.20	3	5
	Depression/Sadness	7	5.00	.000	.000	5.00	5.00	5	5
	Anxiety/Stress	10	4.70	.483	.153	4.35	5.05	4	5
	Own Interest	90	4.88	.362	.038	4.80	4.95	3	5
	Total	132	4.87	.379	.033	4.81	4.94	3	5

		ANOVA				
		Sum of Squares	df	Mean Square	F	Sig.
The workshop was great	Between Groups	1.315	5	.263	1.484	.200
	Within Groups	22.322	126	.177		
	Total	23.636	131			
This workshop helped me express my emotions.	Between Groups	1.110	5	.222	.680	.639
	Within Groups	41.133	126	.326		
	Total	42.242	131			
The instructor was approachable and appeared to care about the participants.	Between Groups	.122	5	.024	.371	.868
	Within Groups	8.265	126	.066		
	Total	8.386	131			
The instructor was on time and valued my time	Between Groups	.429	5	.086	.794	.556
	Within Groups	13.631	126	.108		
	Total	14.061	131			
I feel better after taking this workshop.	Between Groups	2.531	5	.506	1.515	.190
	Within Groups	42.106	126	.334		
	Total	44.636	131			
I would refer a friend/family member to attend the workshop.	Between Groups	5.022	5	1.004	2.928	.016
	Within Groups	43.220	126	.343		
	Total	48.242	131			
I am interested in taking another Art & Creativity for Healing workshop within the next year.	Between Groups	1.013	5	.203	.659	.655
	Within Groups	38.707	126	.307		
	Total	39.720	131			
Overall, I am satisfied with this Art & Creativity for Healing workshop.	Between Groups	1.479	5	.296	2.151	.064
	Within Groups	17.331	126	.138		
	Total	18.811	131			