



A NOTE FROM THE FOUNDER AND EXECUTIVE DIRECTOR

Thank you to everyone who has supported us this year and in prior years. Your donations have helped us become a valuable resource in the community serving tens of thousands of children, teens and families suffering from pain, grief, fear and stress every year.

I would like to highlight a few of our 2021 accomplishments:

- We have gifted over 1,500 Healing Art Supply Bags this year. Over 1,500 Art4Healing® Bags went to schools for children. The rest of the boxes and bags were distributed through non-profit partner organizations to economically disadvantaged children, teens and seniors in Los Angeles and Orange Counties.
- We have also continued the way we reach participants by offering live Art4Healing® workshops through Zoom. These interactive virtual workshops offered us the opportunity to continue working with our partner agencies even when we were not able to visit sites. It also opened the opportunity to reach participants around the world.
- We have 2 Art4Healing® Certificate Programs; a six week intensive and our International AICP Program.

I am also pleased to announce that we have expanded our partnership with the Orange County Department of Education ACCESS Schools. We hosted in person workshops for five participating schools and provided art supplies. We have also added two new ACCESS Schools to the 12 schools already in our Raging Colors Expressive Painting for Troubled Teens program.

We are grateful we have been able to provide a creative and healing way for people to express their emotions and enhance mental health especially during a time of distress and uncertainty.

Without your support none of the above would be possible.

With Heartfelt Thanks,



Laurie Zagon
Founder & Executive Director

2021 By the Numbers



3,000+

Children & Adults
Served and Impacted

150+
Workshops Facilitated
Online & In Person



1,500+
Healing Art Supply
Bags Delivered

40
Non-Profit Partner
Agencies Served



VISIT US ONLINE:

Scan this code with the photo app on your phone or follow this link to visit us online & see more of what we are doing:



www.art4healing.org

ABOUT ART & CREATIVITY FOR HEALING:

A FINANCIAL SNAPSHOT:

Total Income:

\$255,000.00



Donations and Foundation Grants

79%

Fundraising

1%

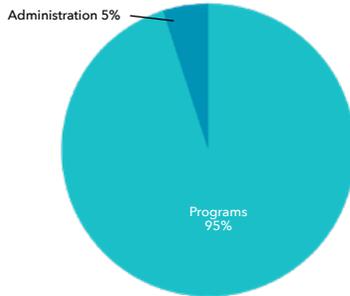
Fee for Service

- Certificate Programs
- Corporate Workshop Fees

20%

Total Distribution:

\$255,000.00



Programs

95%

Administration

5%

*All donations and grants are from individuals and foundations; Art & Creativity for Healing does not receive any type of Government funds.



PARTICIPANT QUOTE:

“This workshop was so helpful because it brought a lot of deep issues to the surface. I can’t wait to come back.”

-2021 Creative Tools for the Homeless Participant

Art4Healing® 10 YEAR PROGRAM IMPACT REPORT:

With data collected from 19,234 Art4Healing® workshop participants between 2009-2020, we completed Outcomes Reports for 3 of our core programs that serve teens, homeless and economically disadvantaged families, active duty marines, veterans and their families. We are thrilled with the results and excited to share the Reports Key Findings (% represent outcome averages from 3 reports).



96%

OVERALL SATISFIED WITH THEIR WORKSHOP

96% of participants were overall satisfied with their workshop

FELT BETTER

84.29% of participants strongly agreed that they felt better after taking a workshop

9 out of 10



9 out of 10

WOULD REFER A FRIEND

92.6% of participants would refer a friend to a workshop based on their experience.

TAKE ANOTHER WORKSHOP

93.2% of participants would like to take another Art4Healing workshop

9 out of 10



90,000+

INDIVIDUALS IMPACTED BY ART4HEALING® since Art & Creativity for Healing’s inception in 2000



Have you been impacted by Art4Healing® and want to share it with others?

Two ways to become a certified Art4Healing® Facilitator:



Register for the International Certificate Program.

Complete online in 9 months (or less).

Personalize your schedule to complete each assignment.

9 hours of coaching via six virtual meetings with Art4Healing® Coach.

Record and submit videos facilitating workshops in your own community.



Virtual Art4Healing Certificate Program

Register for the Virtual Art4Healing Certificate Program.

A 6-Week Intensive Program via Zoom.

Fixed schedule that consists of 1 intro class, 1 weekend, and 6 weeks of Tues/Thurs evenings from 6-8 PM (PST).

Classes guided by live certified Art4Healing® Facilitators via Zoom.

Training includes practice facilitating and shadowing facilitators during ACFH weekend workshops.



Key Features of Each Program:



International Certification Program

- Self-paced
- One-on-one coaching
- Double the curriculum
- Complete 2 Practicums by recording and submitting videos facilitating workshops in your own community.



Virtual Art4Healing Certificate Program

- Set schedule
- Live Facilitator guiding you in a group setting
- Accelerated 6-week program
- Practice facilitating and shadowing facilitators during ACFH weekend workshops

Contact us to discuss what program is best suited for you
info@art4healing.org - 949-367-1902

INSIDE
The mind
 REFLECTIONS IN COLOR

“I FEEL LIKE I CAN TALK MORE ABOUT MY FEELINGS WITH PAINT.”

-ALONDRA S. 17,
 ALTERNATIVE HIGH SCHOOL STUDENT



“As Assistant Superintendent of Orange County Department of Education, our troubled youth and teens have benefited greatly from the Art4Healing classes that have given them a way to vent their fear and anxiety by learning how to express themselves creatively with the language of abstract colors on canvas.”

- Vern Burton

Our at-risk children and teens need help to express the confusing thoughts and feelings bombarding them that they do not have the ability to express in words. The INSIDE THE MIND: REFLECTIONS IN COLOR program teaches students how to express their minds creatively using abstract colors on canvas with the goal of enhancing their mental health. This method provides a colorful language designed to protect privacy by eliminating the need to share unless the student wishes to do so. Over 90,000 children, teens and adults have experienced this method and found it to be helpful to relieve some of life’s challenges.

FIRST IN-PERSON FUNDRAISER SINCE 2019!

SAVE *the* DATE

05 . 14 . 22

GRAB YOUR BEST DERBY HAT
 JOIN US FOR AN EVENING TO REMEMBER
 AS WE RAISE AWARENESS & FUNDS FOR



OUR HISTORY AND MISSION

Since our inception in 2000, Art & Creativity for Healing, Inc., a 501(c)(3) nonprofit corporation, has directly fostered transformational change for over 90,000 children, women, and families who have found our creative intervention a valuable tool to address the often unbearable pain in their lives.

We give pain a voice and meaning by providing therapeutic art workshops to support emotional healing for children, families, and individuals using our unique Art4Healing® method. These workshops are held at our facility in Laguna Hills, California, and on-site at treatment centers, schools, shelters, & other non-profit centers.

OUR MISSION
IS TO SUPPORT
EMOTIONAL HEALING
THROUGH ART &
CREATIVE EXPRESSION
FOR THOSE LIVING WITH
PAIN, GRIEF,
FEAR OR STRESS.

A CREATIVE PROCESS THAT FACILITATES HEALING

Art & Creativity for Healing facilitates the creative process while encouraging emotional healing. These two paths often intersect when words are not adequate, and pain is too deep.

The mix of artistic development and expression coupled with a creative healing model allow participants to learn a new way of communicating through color that encourages emotional breakthroughs and further enhances the therapy process. Unlike other art programs that employ a loose format of free expression, the Art4Healing® curriculum contains strictly guided exercises, conducted by trained and certified facilitators, and is designed to elicit emotional responses to enhance mental health.

OUR PROGRAMS & PARTNERSHIPS

One of the ways Art & Creativity is able to make such a wide impact in our community is through our long term relationships with an expanding group of Non-Profit Partner Agencies. Our programs are specifically designed to meet the unique needs of the communities that we serve, including:



PLEASE HELP BY GIVING:

Without your financial support, we wouldn't be able to reach as many people in our community experiencing difficulty. Join the cause and support emotional healing and creative tools for strengthening mental health through art & creative expression today!



\$60 provides one 2-hour Art4Healing® class for 1 individual



\$600 provides one 2-hour Art4Healing® class for 10 individuals



\$25,000 will sponsor a year long weekly program



Any donation of any amount is greatly appreciated!



100% of all donations go directly to support our participants at partner agency sites.

GIVE TODAY:



WWW.ART4HEALING.ORG/GIVE